The 4th World Congress of ERAS®, Lisbon, Portugal, 2016

Educational Programme/Course

Wednesday 27 April 2016

13:30-15:30	**Chairs: Mike Scott (UK) and Olle Ljungqvist (SE) (Berlin Room)**
13:30-13:40	ERAS – Overview – Olle Ljungqvist (SE) & Dorthe Hjort (DK)
13:40-14:00	Team Working and support from the management – Olle Ljungqvist (SE)
14:00-14:20	ERAS and the surgeon – Martin Hubner (CH)
14:20-14:40	ERAS and the anaesthesiologist – Mike Scott (UK)
14:40-15:00	ERAS and the nurse – Angie Balfour (UK)
15:00-15:10	The patient at the centre of care - Dorthe Hjort (DK)
15:10-15:30	Panel Discussion
15:30-16:00	Coffee Break
16:00–17:45	**Chairs: Franco Carli (CA) and Bill Fawcett (UK) (Berlin Room)**
16:00-16:15	Preoperative education & preparation – Angie Balfour (UK)
16:15-16:35	Medical optimization prior to surgery – Franco Carli (CA)
16:35-16:55	Feeding and hydrating patients prior to surgery – Bill Fawcett (UK)
16:55-17:15	Bowel preparation, antibiotic prophylaxis, thrombo-prophylaxis – Didier Roulin (CH)
17:15-17:30	Panel discussion

Thursday 28 April 2016

08:00-09:30	**Chairs: Mike Scott (UK) and Kees Dejong (NL) (Berlin Room)**
08:00-08:25	Perioperative Anaesthetic Care – Hans de Boer (NL)
08:25-08:50	Perioperative fluid management – Mike Scott (UK)
08:50-09:15	Surgical techniques, tubes, drains and lines – Kees Dejong (NL)
09:15-09:30	Panel Discussion
09:30-10:00	Coffee Break
10:00-11:30	**Chairs: Bill Fawcett (UK) and Martin Hubner (CH) (Berlin Room)**
10:00-10:25	Multimodal analgesia and opioid sparing strategies – Bill Fawcett (UK)
10:25-10:50	Promoting early feeding and mobilization – Didier Roulin (CH)
10:50-11:15	Implementing ERAS, audit, outcomes and maintaining quality – Martin Hubner (CH)

11:15-11:30 Panel Discussion

Scientific Programme

Thursday 28 April 2016

AM Parallel Sessions

08:45-12:20 Urology (Geneva Room)

Chair – Yannick Cerentola (CH) and Stig Muller (NO)

08:45-09:00 Coffee and welcome

09:00-09:10 Introducing the ERAS-Urology Chapter
(Yannick Cerantola (CH)/Stig Muller (NO)/Hiten Patel (NO/UK))

09:10-09:40 Pain management after cystectomy: time to remove the epidural?
(John McGrath (UK)/Sia Daneshmand (US))

09:45-10:00 4-day hospital stay after cystectomy? Is it feasible (in Europe)?
(Sia Daneshmand (US))

10:05-10:20 Can ERAS further improve outcomes after robot-assisted cystectomy?
(Peter Wiklund (SE))

10:25-10:40 Coffee break

10:45-11:00 ERAS for nephrectomy? Rationale and evidence (Stig Muller (NO))

11:05-11:20 Initial results on the “ERAS nephrectomy Lausanne cohort”
(Yannick Cerantola (CH)/Olivier M’Baya (CH))

11:25-11:40 ERAS pushed to the extreme: daycase RARP! The Exeter Experience
(John McGrath (UK))

11:45-12:15 Panel discussion on updating the ERAS recommendations for cystectomy: need for a Delphi?

12:20 Adjournment and lunch (Yannick Cerantola (CH)/Stig Muller (NO)/Hiten Patel (NO))

10:00-12:00 Delphi Process on Guidelines for Implementation (Los Angeles Room)

Chair – Nader Francis (UK)

Main Conference

13:00-13:10 Welcome Address – Olle Ljungqvist (SE) and Ken Fearon (UK) (Plenary Room)

13:10-13:30 Chairs: Olle Ljungqvist (SE) and Ken Fearon (UK)

Presidential Address – Nicolas Demartines (CH)

Surgical Technique vs. Enhanced Recovery: High Tech vs. Low Tech?

13:30-15:00 Chairs: Dionisios Vrochides (US) and Tracy Wazylak (CA)
(Plenary Room)

Theme: Outcomes – Who Wants What?

13:30-13:45 The Patient - Video film – Angie Balfour (UK)/ Dorthe Hort (DK)

13:45-14:00 The Doctor – Mustapha Adham (FR)

14:00-14:15 The Health Care Provider – Geoffrey Glazer (UK)

14:15-14:30 The Insurance Regulator – Oliver Peters (CH)

14:30-14:45 Legal – TBC

14:45-15:00 Panel Discussion

15:00-15:30 Coffee/Poster Round

15:30-16:15 Chairs: Olle Ljungqvist (SE) and Nicolas Demartines (CH) (Plenary Room)

Henrik Kehlet Lecture – Rinaldo Bellomo (AU)

Postoperative Urinary Output

16:15-17:15 Chairs: Dileep Lobo (UK) and Franco Carli (CA) (Plenary Room)

Best abstracts – Oral Presentations

OR01 A RANDOMIZED, OPEN-LABEL, PHASE II STUDY COMPARING TARGINACT VS. OXYCODONE IN EARLY RETURN OF GASTROINTESTINAL FUNCTION AFTER LAPAROSCOPIC COLORECTAL SURGERY / H. M. Paterson* (GB) - F. Creamer - A. Balfour - S. Nimmo - I. Foo - K. C. Fearon

OR02 HOW LONG BEFORE ROUTINE NEXT-DAY DISCHARGE FOR PRIMARY HIP AND KNEE REPLACEMENT PATIENTS IN THE UNITED KINGDOM? / T. Wainwright* (GB) - A. Pollalis - T. Immins - R. Middleton

OR03 POSTOPERATIVE COMPLICATIONS AND HOSPITAL STAY IN PATIENTS UNDERGOING RADICAL CYSTECTOMY. PREHABILITATION INCLUDED IN ENHANCED RECOVERY PROGRAMS, IS IT POSSIBLE TO IMPROVE THE OUTCOMES? / C. Marín Zaldívar* (ES) - P. Aguelo Asensio - L. Gimeno Garcés - E. Cuesta Peribañez - M. Pedraz Natalias - B. Navarro Vicente de Vera - M. Badel Rubio - J. Subirá Ríos - J. Guillén Antón - J. Longás Valien

OR04 THE EXPERIENCE OF PREHOSPITAL PHARMACOLOGICAL COACH IN COLON CANCER PATIENTS / M. M. Pliss* (RU) - M. G. Pliss

OR05 PATIENT-REPORTED SYMPTOM INTERFERENCE AS A MEASURE OF POST SURGERY FUNCTIONAL RECOVERY IN LUNG CANCER / X. S. Wang* (US) - Q. Shi - D. Rice - A. Vaporciyan - K. Popat - C. Cleeland

OR06 LARGE-SCALE IMPLEMENTATION OF BEST PRACTICES: PRELIMINARY RESULTS OF A CLUSTER RANDOMIZED CONTROLLED TRIAL OF THE ENHANCED RECOVERY AFTER SURGERY PATHWAY / J. J. De Groot* (NL) - J. M. Maessen - B. F. Slangen - T. van der Weijden

OR07 DEVELOPING AND VALIDATING PREDICTIVE CUSTOMIZED RISK METRICS TO PREDICT POSTOPERATIVE OUTCOMES AFTER PANCREATICODUODENECTOMY / A. Cochran* (US) - K. Murphy - R. C. Kirks - T. E. Barnes - D. A. Iannitti - J. B. Martinie - D. Vrochides

17:30-18:30 Chairs: Nicolas Demartines (CH) and Tim Rockall (UK) (Plenary Room)

Theme: The Impact of Advances in Technology on ERAS Programmes

17:30-17:45 Urology – Peter Wiklund (SE)

17:45-18:00 Surgery – Tim Rockall (UK)

18:00-18:15 Anaesthesia – Hans de Boer (NL)

18:15-18:30 Panel Discussion

18:30-18:45 Coffee break

18:45-19:45 Satellite Symposium (Plenary Room)

19:45-21:00 Welcome reception (Exhibition Hall)

Friday 29 April 2016

07:30-08:30 Chairs: Nader Francis (UK) and Kees Dejong (NL) (Plenary Room)

Theme: Implementation, Risk Assessment and Outcomes

07:30-07:45 Implementation – Martin Hubner (CH)

07:45-08:00 Risk Assessment – Dionisios Vrochides (US)

08:00-08:15 Influence of an ERAS Programme on Non-ERAS Patients – Martin Hubner (CH)

08:15-08:30 Panel Discussion

08:30-10:00 **Chairs: Mike Scott (UK)/Arthur Revhaug (NO) (Plenary Room)**

Theme: Dogmas – the continuous challenge

08:30-08:40 The changing concepts of ERAS – Dileep Lobo (UK)

08:40-08:55 Pain management – Franco Carli (CA)

08:55-09:10 The Psychology of Accepting Change – Anne Haase (UK)

09:10-09:25 Anaesthesia – Bill Fawcett (UK)

09:25-09:40 Surgery – Tim Rockall (UK)

09:40-09:55 IV Fluids – Rinaldo Bellomo (AU)

09:55-10:00 Panel Discussion

10:00-10:30 Coffee/Poster Round

10:30-11:15 Chairs: Dileep Lobo (UK) and Ken Fearon (UK) (Plenary Room)

ERAS Society Lecture

Immobilisation and Muscle Function – Paul Greenhaff (UK)

11:15-12:00 Chairs: Robin Kennedy (UK) and Tim Rockall (UK) (Plenary Room)

Best abstracts - Oral Presentations

OR08 EARLY DISCHARGE AS PART OF ENHANCED RECOVERY AFTER SURGERY PROGRAMME: CAN WE IDENTIFY PATIENTS TO BE DISCHARGED SAFELY AFTER 3 DAYS? / J. Ng* (GB) - P. Waterland - N. A. Yassin - M. Iglesias-Vecchio - D. Nicol - S. Pandey

OR09 META-ANALYSIS ON THE APPLICATION OF THE ERAS PROTOCOL IN HIGH-RISK PATIENT IN COLORECTAL SURGERY / S. Sofia* (IT) - N. Grassi - P. L. Almasio - S. Calamia - M. A. Latteri

OR10 PATIENT FEEDBACK ON THE IMPLEMENTATION OF AN ENHANCED RECOVERY AFTER SURGERY PROGRAM (IERAS): A QUALITATIVE ANALYSIS / E. Pearsall* (CA) - M. McKenzie - M.-A. Aarts - R. McLeod and iERAS Group

OR11 PREDICTION OF POSTOPERATIVE OUTCOMES AFTER OPEN MAJOR HEPATECTOMY: DEVELOPING CUSTOMIZED, PROCEDURE-SPECIFIC PREDICTIVE RISK METRICS / A. Cochran* (US) - K. Murphy - R. C. Kirks - T. E. Barnes - D. A. Iannitti - J. B. Martinie - D. Vrochides

OR12 ERAS, HOSPITAL STAY AND PRIVATE INSURANCE / D. Celio* (CH) - E. De Kruijf - R. Poggi - M. Schmalzbauer - R. Rosso - D. Christoforidis

OR13 COMPARATIVE EFFECTIVENESS AND ANALYSIS OF POSTOPERATIVE OUTCOMES AFTER ENHANCED RECOVERY PROGRAM FOR ESOPHAGECTOMY / F. Puccetti* (IT) - U. Fumagalli - S. De Pascale - A. Melis - R. Rosati

12:00-13:30 **Lunch/Lunch Satellite Symposia/Poster Round**

Satellite Symposium

13:30-15:00 **Chairs: Nicolas Demartines (CH) and Hans de Boer (NL) (Plenary Room)**

Theme: Management of Complicated Situations

13:30-13:50 Diabetes – Rinaldo Bellomo (AU)

13:50-14:10 Frail and elderly – Andrew Hill (NZ)

14:10-14:30 Emergency (e.g. laparotomy and fracture neck femur) - Mike Scott (UK)

14:30-15:00 Panel Discussion

Discussants Tim Rockall (UK), Ken Fearon (UK), Mike Scott (UK)

15:00-15:30 Coffee/Poster Round

15:30-16:30 **Chairs: Bill Fawcett (UK) and Nicolas Demartines (CH) (Plenary Room)**

Theme: Papers/News that changed my practice

15:30-15:40 Surgery – Dionisios Vrochides (US)

15:40-15:50 Anaesthesia – Hans de Boer (NL)

15:50-16:00 Nursing – Angie Balfour (UK)

16:00-16:10 Physiotherapy – Tom Wainwright (UK)

16:10-16:20 Decision-maker – Tracy Wazylak (CA)

16:20-16:30 Panel Discussion

16:45-18:00 **Chairs – Ulf Gustafsson (SE)/Nader Francis (UK) (Plenary Room)**

Theme: Development of Guidelines

16:45-17:00 How to write guidelines – Dileep Lobo (UK)

Specialty Specific Variations

17:00-17:10	Head and Neck – Joseph Dort (CA)
17:10-17:20	Gynaecology – Mike Scott (UK)
17:20-17:30	Breast Reconstruction – Claire Temple-Oberle (CA)
17:30-17:40	Liver – Nicolas Demartines (CH)
17:40-18:00	Panel Discussion
	Nurse Session
18:00-19:00	**Chairs – Valérie Addor (CH) / Angie Balfour (UK) (Plenary Room)**
	Theme: Nurse Session
18:00-18:10	Introduction
18:10-18:25	"ERAS - the effect on nursing workload and care" - Dorthe Hjort (DK)
18:25-18:40	“ERAS - using patient feedback to improve the service” - Jennie Burch (UK)
18:40-18:55	Panel discussion
18:55-19:00	Summary and updates - Angie Balfour (UK)
19:00	Close

Saturday 30 April 2016

08:30-09:30	**Chairs: Olle Ljungqvist (SE) and Valerie Addor (CH) (Plenary Room)**
	Theme: ERAS – Overcoming Hurdles Globally
08:30-08:40	South Africa – Ravi Oodit
08:40-08:50	USA – Dionisios Vrochides
08:50-09:00	Latin America – Adrian Alvarez
09:00-09:10	UK – Nader Francis
09:10-09:20	Portugal – Miguel Ghira
09:20-09:30	Philippines - Manuel Francisco Roxas
09:30-10:30	**Panel Debates 2 x 30 min (Plenary Room)**
09:30-10:30	Format: The Chair will prepare a brief presentation (5-7 minutes) which will be followed by an interactive session between the audience and the participants
09:30-10:00	Patient participation is the most important element of ERAS Chair – Ken Fearon (UK) Participants: Nicolas Demartines (CH), Mike Scott (UK), Angie Balfour (UK), Tom Wainwright (UK), Jose Ramirez (ES)
10:00-10:30	**A course is enough for implementation of ERAS programmes** **Chair – Olle Ljungqvist (SE)** Participants – Nader Francis (UK), Valerie Addor (CH), Kees Dejong (NL), Robin Kennedy (UK), Martin Hubner (CH), Dionisios Vrochides (US)

10:30-11:30 Coffee/Poster Round

11:00-12:00 Chairs: Bill Fawcett (UK) and Olle Ljungqvist (SE) (Plenary Room)
Theme: ERAS Society Research Papers – Translating Innovation into Outcome

11:00-11:10 The frail and the undernourished – Ken Fearon (UK)
11:10-11:20 Achieving success – Robin Kennedy (UK)
11:20-11:30 Carbohydrate loading – Jonas Nygren (SE)
11:30-11:40 Long-term oncological outcomes – Ulf Gustafsson (SE)
11:40-11:50 Costs – Nicolas Demartines (CH)
11:50-12:00 Panel Discussion

12:30-12:45 Concluding Lecture – ERAS – What's Next (Plenary Room)
Ken Fearon (UK) and Olle Ljungqvist (SE)

12:45-13:00 Presentation of Prizes (Plenary Room)
Olle Ljungqvist (SE) and Dileep Lobo (UK)